



## **TOWN OF WESTON**

### **Council on Aging Board Vacancies**

The Town of Weston has three up-coming vacancies on the Board of the Council on Aging (COA). The 13-member board, appointed by the Select Board, meets at 8:30am on the third Thursday of each month to determine policies regarding COA advocacy, programs, and services that optimize the quality of life and community engagement for Weston residents over the age of 60. New board member appointments are for 4-year terms beginning July 1, 2023.

Located in the lower level of the Community Center, Weston's active, engaged COA serves a diverse population, with information and referrals concerning mental and physical health, housing, health insurance, and in-home assistance. COA services include transportation to medical appointments, low-cost taxi and van transportation, medical equipment loans, a food pantry, and a wide variety of other programs to serve the needs of older adults. The COA also offers a broad range of socializing opportunities including a drop-in lounge area, fitness and wellness programs, art and music classes, day trips, movies and entertainment, and intellectually stimulating presentations and discussions. Numerous volunteers supplement the work of the COA staff.

Become more involved in your community. Join an energetic, active, and committed board. Residents of all ages with an interest in supporting the well-being of Weston's older adults are invited to apply.

Please submit a volunteer application online at <https://www.weston.org/FormCenter/Applications-7/Volunteer-Application-46> or send a letter of interest with background information to the Select Board via email at [selectboard@westonma.gov](mailto:selectboard@westonma.gov) or mail to P.O. Box 378, Weston, MA 02193